

## Stop Your Medications Based on the Information Below

### **14 days before surgery, you need to stop:**

- Any Narcotic (e.g., Vicodin, Norco, Darvocet, Percocet or Oxycontin)
- Aspirin-like products ("blood thinners") e.g., Ibuprofen, Aleve, Motrin (Except Celebrex)

### **7 - 10 days before, you need to stop:**

- Plavix / Coumadin / Warfarin: Please consult with your internist
- Any medications as per your internist
- Aspirin 81mg

### **You can continue to take:**

- Tylenol
- Celebrex
- Glucosamine Chondroitin Sulfate
- Daily Vitamins

### **On the morning of surgery:**

- Take only medications that are for your heart (hypertension, arrhythmias, etc.)
- If you use an inhaler, please bring it with you
- If you are taking diabetic medications, you should check with your internist to determine if you should take these medications on the morning of surgery

If you are taking any other medications that are not listed, **please consult with your internist prior to surgery to determine if you should continue taking the medication** or to see when you should stop and resume the medication.