



# Know your knees' needs?

Fall sports can wreak havoc on knees. Find out from sports medicine specialist **Adam Yanke, MD**, how to protect those knees and, if injured, ways to treat them so you can get back on your feet and on the field.



This event is offered by Healthy Motivations, Rush Oak Park Hospital's community wellness program.

**Registration for this free educational event is required. To register, please call 708.660.4636 or register online at [roph.org](http://roph.org).**

Light refreshments will be served.



Rush is a not-for-profit health care, education and research enterprise comprising Rush University Medical Center, Rush University, Rush Oak Park Hospital and Rush Health.



Adam Yanke, MD  
Sports Medicine Specialist

## **Knee Injuries: Maintenance and Repair**

Tuesday, Sept. 29  
6:30 to 7:30 p.m.

**Rush Oak Park Hospital**  
Medical Office Building  
610 S. Maple Ave., Room 2000  
Oak Park, IL

PLEASE NOTE: The physician featured in this ad is on medical staff at Rush Oak Park Hospital or Rush University Medical Center. The physician may be in private practice and, as independent practitioner, is not an employee or agent of Rush Oak Park Hospital or Rush University Medical Center.

